



National Check Your Meds Day

Wednesday, October 21st
10:00 a.m. - 12:00 p.m.
Community Center
East entrance drive-thru



Stay Healthy and Participate in Check Your Meds Day with these easy steps:

STEP 1: Gather all of your prescription medications, over-the-counter medications, herbal supplements or natural products, vitamins or minerals and any lists of medications and vaccinations you have.

STEP 2: Place all of the items and information in a bag and take them to you local pharmacist.

STEP 3: Ask your pharmacist for a medical review of your medications to help you understand and manage your medications.

STEP 4: Always have your list and medications with you for your visits to your doctor, pharmacist, hospital or any healthcare professional.

For more information, call (954) 434-4300, #255 or stop by the Community Center on Wednesday, October 21st from 10:00 a.m.-12:00 p.m. for a complimentary gift!