



Pool and Tennis Center Fitness Room Operating Guidelines

- All patrons must closely adhere to the CDC Guidelines – No groups larger than 10 people and physical distancing of at least 6 feet must be maintained.
- The facility will be operating in a limited capacity.

Fitness Room will be open the following days and hours:

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
*8AM - 8PM	*8AM - 8PM	*8AM - 8PM	*8AM - 8PM	8AM - 8PM	9AM - 5PM	9AM - 5PM

***Designated high-risk allotted time slots**

Mondays and Wednesdays 8:00am – 9:00 & Tuesdays and Thursdays 7:00pm – 8:00pm

- All participants must have their temperatures taken prior to access, including minor children. Any individual above 100.4 degrees Fahrenheit or who appear to have flu-like symptoms or other symptoms related to COVID-19 must be denied entry to the facility.
- Masks must be worn while in the facility, at all times.
- High-risk individuals will have the opportunity to work out during a designated period.
- Sessions/reservations will be scheduled each day. Patrons can call to book their desired time slots. Workout times will be limited to no more than a one-hour workout. Walk in guests cannot be guaranteed a reservation time. All guests are strongly suggested to call ahead.
- Staff will be properly disinfecting high touch equipment, bathrooms and counters throughout the course of the day.
- No use of equipment (*Yoga mats, Fitness mats, and Balance balls*) – patrons may bring their own although strongly discouraged.
- Showers and Locker Rooms will not be open or available for use.
- All patrons must be at least 15 years of age, with a valid waiver.
- Staff is required to follow and implement all CDC guidelines, we appreciate your anticipated cooperation.
- All patrons will enter and exit through dedicated locations.

Fitness Center Operating Recommendations

- Wash your hands with a disinfectant soap and water (*for 20 seconds or longer*) or use a hand sanitizer if soap and water are not readily available.
- Do not share personal equipment.
- Bring a full water bottle or preferred beverage (water fountains are not available).
- If you need to sneeze or cough, do so in a tissue or upper sleeve/arm area.
- Arrive as close as possible to when your session begins.
- Avoid touching gates, fences, benches and additional common areas as much as possible.
- Do not attend the facility if you or a member of your household do not feel well.

For more information or to make reservations please call (954) 436 - 7300