Pool and Tennis Center Fitness Center Operating Guidelines

- All patrons must closely adhere to the CDC Guidelines – No groups larger than 10 people and physical distancing of at least 6 feet must be maintained.
- The facility will be operating in a limited capacity.

Fitness Room will be open the following days and hours:

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<td>Times</td>
<td>8AM - 7PM</td>
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- All participants must have their temperatures taken prior to access, including minor children. Any individual above 100.1 degrees Fahrenheit or who appear to have flu-like symptoms or other symptoms related to COVID-19 must be denied entry to the facility.
- Masks must be worn while in the facility, except while physically working out and during their cool-down portion of their workout.
- Sessions/reservations will be scheduled each day. Patrons can call to book their desired time slots. Workout times will be limited to no more than a one-hour workout. Walk in guests cannot be guaranteed a reservation time. All guests are strongly suggested to call ahead.
- Staff will be properly disinfecting high touch equipment, bathrooms and counters throughout the course of the day.
- No use of equipment (Yoga mats, Fitness mats, and Balance balls) – patrons may bring their own although strongly discouraged.
- Showers and Locker Rooms will not be open or available for use.
- All patrons must be at least 15 years of age, with a valid waiver.
- Staff is required to follow and implement all CDC guidelines, we appreciate your anticipated cooperation.
- All patrons will enter and exit through dedicated locations.

Fitness Center Operating Recommendations

- Wash your hands with a disinfectant soap and water *(for 20 seconds or longer)* or use a hand sanitizer if soap and water are not readily available.
- Do not share personal equipment.
- Bring a full water bottle or preferred beverage (water fountains are not available).
- If you need to sneeze or cough, do so in a tissue or upper sleeve/arm area.
- Arrive as close as possible to when your session begins.
- Avoid touching gates, fences, benches and additional common areas as much as possible.
- Do not attend the facility if you or a member of your household do not feel well.

*For more information or to make reservations please call (954) 436 - 7300*