

A new monthly safety education program DESIGNED FOR SENIORS.

CITY OF COOPER CITY
and the
**BROWARD SHERIFF FIRE RESCUE and
EMERGENCY SERVICES DEPT.**
present the
Senior Life Safety Program

A **NEW, FREE MONTHLY CLASS** presented by a professional Life Safety Educator that aims to teach and empower our senior citizens to better protect themselves in their day-to-day lives.

Location

**Cooper City Pool & Tennis Center
11600 Stonebridge Parkway
Cooper City, FL 33026**

*Complimentary light refreshments will be served.
Bring a guest or come alone to meet other
like-minded individuals.*

For more information call 954-436-7300



Schedule of Safety Topics

Every Fourth Monday of the Month

(Before Silver Sneakers Class)

11:15 am – 12 pm

(except May will be on June 1st)

2015 Schedule

February 23 • Slip & Fall Safety

March 23 • Food Safety

April 27 • General Health & Fitness Safety

June 1 • Internet & Drug Scams:

Safety in the 21st Century

June 22 • Kitchen Safety

July 27 • Hurricane Preparedness

August 24 • General Home Safety

September 28 • Fire Safety

October 26 • Medication Safety

November 23 • Safety Around the Holidays

December 28 • Electrical Safety

2016 Schedule

January 25 • Fire and Burn Safety