



**STARTING OCTOBER 10TH!**

**Yoga in Cooper City!**

**Join Tamar Milshtein, Embassy Lakes resident, Registered  
Yoga Teacher and Yoga Alliance Member at the**

**Cooper City Pool & Tennis Center**

**Morning Stretch & Flow every Monday 9:00 – 10:00 am**

**Deep Stretch & Flow every Thursday 7:30 – 8:45 pm**

**First Class \$7**

**\*5 Class pass \$50 / \$55 non-resident**

**\*10 Class pass \$90 / \$95 non-resident**

**Single class / drop in \$10 / \$12 non-resident**

**Where: 11600 Stonebridge Pkwy, Cooper City, FL 33026**

**\*For registration call: 754-265-3978**

**Bring your own mat, towel and water!**

**\*5-class pass valid for 2 months / 10-class pass valid for 4 months.**

**\*Registration in-person will be held Sunday Oct. 9<sup>th</sup> at 10:00am-12:00pm at  
the center.**