

**CITY OF COOPER CITY
SENIOR CITIZEN ADVISORY BOARD
MINUTES OF MEETING
May 20, 2014
{DRAFT}**

CALL TO ORDER: by Gladys Wilson Chairwoman at 6:33pm

ROLL CALL: present Teri Sullivan, Maxine Nicely, Susan Fliedner, Dave Brundage, Gladys Wilson, Howard Meltzer & Sharon Taylor. Not Present Gail Jaffee, Elizabeth Villasenor

PLEDGE OF ALLEGIANCE

GUEST INTRODUCTIONS: Michelle Knowles will be joining the board and is to be approved at the upcoming commission meeting. Tracy Meltzer and Lilly speaking on senior services and programs through Memorial Regional Hospital, Commissioner John Sims, Noreen Gilman of Seniors vs Crime.

PUBLIC OPEN FORUM (3 minutes per guest wishing to address board): Noreen Gilman spoke of a couple scams going on with people posing as air conditioning duct cleaning companies and callers posing as AT&T and when you answer they hang up hoping you will use caller ID to call them back you have to pay them for the call and run up your phone bill.

APPROVAL OF MINUTES: Motion to approve April minutes, duly seconded and unanimously approved.

Speaker: Tracy Meltzer, director of nursing at Memorial Healthcare Systems went through the many programs offered for seniors at different Memorial Regional facilities. May is Older Americans Month.

- 1) Memorial Seniors Partners, lifetime membership. \$25.00 fee includes senior activities, benefits, trips, free meal passes while spouse hospitalized and hospital benefits. Two locations Memorial Senior Partners 6770 Garfield St., Hollywood 954-967-4458, 1301 S. Ocean Dr., Hollywood 954-924-2954.
- 2) Memorial Health & Fitness Center, discounted membership, exercise programs geared to seniors offered for more information or to enroll call Dailys Garcia 954-265-5800 ext. 2 or dgarcia@eagle.fgcu.edu
- 3) Memorial C.A.R.E.S. (Caregivers Access to Resources, Education & Support), support groups for care givers, resource center for education, planned activities, located at Memorial Hospital Pembroke, 2261 N University Dr., Suite 103, Pembroke Pines, 954-883-7240. Also Memorial Adult Day Care Center.
- 4) Memorial Regional Hospital Acute Care for Elders (A.C.E.) Unit for 65 and older which includes service dogs which is what Lilly is. This is geared to holistic care, interdisciplinary rounds twice weekly, day room and Geriatrician. They concentrate on trying to get seniors involved socially and focuses on aiding with establishing a

good sleeping routine. Lilly is a donated dog who has been trained for those with physical and emotional disabilities for this program. All staff have been specially trained for this unit. Seniors must meet the criteria for this program.

5) Having a grand opening of day room for the A.C.E. Unit at Memorial Regional on May 22.

6) Memorial Regional offers speakers to come and speak to our seniors on topics we request and will bring boxed lunches for this.

Commissoner John Sims-

1) Property values in Cooper City have increased 7.6% assessed value which means our taxes will possibly increase depending on CPI.

2) BSO contract is about 78% of Cooper City general fund budget and goes up 5% every year. Statics show 95% of BSO calls are for EMT not fire.

3) Broward county commission had a workshop on BSO and some commissioners have stated that other municipalities and city contracts with BSO are subsidizing Cooper City because of the low rates the city negotiated with BSO. Brittany Wallman wrote an article in Sun Sentinel about this.

4) The final approval for Aldi Foods which will be going in on the corner of Sterling and University.

5) Commissioner Sims asked why our board meets at Pool and Tennis center and not at city hall and was told due to our meetings being the same day as some commission meetings. Since we have changed our meetings to not interfere with commission meetings we could meet at City hall if we want.

6) Any resident can send agenda recommendations to be on the next commission meeting. Must submit 2-3 weeks before the commission meeting.

7) City needs to concentrate on using revenue on infrastructure.

8) Fully supports our senior expo and we need to get information to him so he can try to put this on the agenda as budget meetings are coming up.

9) City manager can approve our senior exposition idea without approval from the commission.

OLD BUSINESS:

1) We want to get this senior expo on agenda for a commission meeting so we can start to move forward with this. We believe the city may have to hire some people full or part time due to the expo as we feel it will be such a success the city will need more staff to handle more senior participation. Maybe have the expo in May since it is Older Americans month.

2) Our entry in Founders day parade was a success, we handed out all of our flyers and told seniors they had a Senior Advisory Board if they needed help or had recommendations/suggestions. We need to start planning for next years parade.

NEW BUSINESS:

1) Gladys spoke of an episode she had toward the end of the parade with several trucks of kids (chaperons encouraging) bombarding her with their super soaker water guns. She had to have EMS come as her blood pressure and sugar went crazy. She was ok but she was shocked that this happened since she had stated to please

not spray her. The biggest problems she had was the chaperons encouraging the kids to do it. She would like to see water guns be banned from the parade. This is tabled for next meeting to discuss further.

2) The mayor and commission will honor seniors since this is Older Americans month. The city will declare a proclamation and present it the the Senior Advisory Board at the May 27 commission meeting. Please all members of the board try to attend.

3) Discussed Honor Flight of South Florida takes WWII, Korean vets and terminally ill vets to the War Memorial in DC several times a year. Would like to make this part of our Senior Expo and have the city sponsor a vet from Cooper City. Passed out a flyer to each member, tabled until next meeting.

4) Senior transportation tabled until next meeting.

5) BSO go packs to be on agenda for upcoming meeting.

MEMBER CONCERNS: None

Next meeting June 5, 2014 6:30pm Pool and Tennis center.

Motion to adjourn at 8:27pm, duly seconded.